



Simplify. Budgeting

After the exempt costs have been accounted for, the amount you and your family have to live on is what you would be entitled to through Income Support, Child Benefit and Child Tax Credit.

Use this sheet to work out what your monthly outgoings are, and then see how you'll need to adjust your lifestyle.

Monthly outgoings	
Contents insurance	
Car Insurance and Tax	
Gas and Electricity (upto £50)	
Phone bill	
TV packages	
Internet	
Mobile phone	
Other costs:	
sub -total	A

Weekly outgoings	
Food	
Travel costs	
Leisure	
Saving	
Other costs:	
Weekly sub-total	B
Monthly sub-total (B x 52weeks / 12months)	C

Total outgoings (A+C) A+C