We are "His Body, in which He acts and speaks, by which He fills everything with His presence." (Ephesians 1.21 MSG)

Pray as God's people

We step out in prayer, confident in who we are as the people of God; we belong to the Creator King. He is our God, we are His people. In Him we live, move and have our being. He is the source, the shape and the Saviour of our significance. In this season, we affirm our identity as the church, a people who gather and scatter in rhythms and routines of whole life worship.

Pray in unity

As we pray as God's people we affirm that we not only belong to Him, but we belong to one another within His body. Prayer connects us to the people of God who stretch throughout time and place. We pray in a spirit of togetherness, as one people – we let our "Amen" resound, as we agree in a united spirit that prays: "let it be".

Prayer in participation

We pray these words "in Jesus' name", and step into the design of God to work through His people. We speak, and also listen, ready to follow Him. As we offer these words and share these groanings with the Spirit, we participate in the work of Jesus as He makes all things new.

Pray in presence

We pray these words, believing that He is actively dwelling in this place, present as He promised. We pray through faith that He dwells with us, and we in Him – actively present, as He promised. Choosing to be present to God, and present to this place. As His imagebearers in this place, we pray through our significance, and by our Spirit-filled imagination that the kingdom might come on this patch of the earth, just as it is in heaven.

How to use the prayer walk resource

You may choose to pray alone or to share this prayerful journey with friends or family. Check out Walk, Pray, Talk, our small group resource to extend Walk & Pray.

Identify the place in which you will walk and pray. It can be helpful to plan a regular walk, or to identify key people or places over which you want to pray, in order to shape your walk.

Download the following document to your phone, or print, fold/cut the prayers that are helpful for you as you pray in your area.

Use these prayers and place markers as examples, to respond in your own words with God; or use the words of each prayer and join with others within your own church

community to unite in prayer for your shared place.

Allow the words of the prayers to draw you into the promise of God's presence that permeates all places, and offer this time of prayerful pilgrimage as an act of worship.

Be present to the lives of people in this place. What is in the place around you and how does it support and serve people? What is missing? How might God be working in the lives of people in this space you share with them?

Be present to God. In this place, where, how, and to who might He lead you, to participate deeply in the renewing work He seeks to bring among the people who live, work and play here?







Neighbourhoods, streets, communities

- We thank you for the neighbourhood in which you have placed us.
- We pray for good relationships, for peace and harmony within this street.
- We thank you for the gift of family and friendship - the connections that carry us through life.
- We pray for marriages, parents and siblings to be formed by a spirit of joy, love, peace, patience, forgiveness and peace.
- We pray for friendships to grow across divisions; for the experience of community in this place to deepen and to overcome divisions.
- We pray for those who have no homes, no people and no sense of belonging.
- We offer to you our families and homes, our friendships and connections. Help us to imagine new ways of how we might use these to build connections, to welcome others and to become stronger units of security in society.

In Jesus' name, Amen



Churches

- We thank you for the witness of your people who gather in this place and the other churches in this area. May we be one, as you have made us one.
- We ask you to gift each leader with imagination and creativity for this new season. For wisdom and courage to proclaim your kingdom. For strength and resilience to keep stepping forward in leadership. Keep them close to you.

In Jesus' name. Amen



Play parks, leisure/community centres

- We thank you for these special places where body, soul and minds are refreshed.
- → Father of joy, will you bless these places with laughter, creativity and refreshment. We pray for young and old, for those who have and have not to find connection with you and with others in this place.
- We pray for those struggling with mental and emotional health and isolation; for those who live day to day, gripped by anxiety.
- Light of the world, penetrate the darkness today. May we be quick to draw near, to bring your comfort and your hope on a dark day.

In Jesus' name, Amen

Schools

We thank you for this school community, and pray for all who enter this building. We ask for your wisdom and creativity for staff and those in leadership.

We pray blessing over the formation of young minds and characters in this season. We pray into the competing sources of significance at this stage of their life.

We ask your protection over their whole beings and for the flourishing of these children and young people.

We pray for those who belong to this community who experience additional needs, mental ill-health and food insecurity. May this school community be a place of connection, support and restoration.

In Jesus' name. Amen

Legal offices

- We thank you, God of justice, for the systems of justice in place in this country. We pray for all who work to ensure justice in this place. For those who seek to protect the good of society.
- We pray for a disruption to the systems and spaces in this society that permit or overlook oppression. Give us eyes to see, ears to hear and may we be swift to overcome evil with good.

In Jesus' name, Amen



NHS: GPs, chemists, clinics, hospitals

- We thank you for the free healthcare that we enjoy in this country and we remember the places and people who do not experience the same provision.
- We thank you for all who work in this place. Bless the work of their hands as they participate in your work to bring healing and wholeness for body and mind. We ask for wisdom as they care, and for stamina as they face new challenges. We pray for your hand of healing throughout this place.
- We pray for those undergoing or waiting for healthcare during this time. Meet them in this time of waiting, Lord, have mercy.

In Jesus' name, Amen



Councils, government offices

- We pray for those who hold responsibility for the systems and structures of this society and community: politicians, council members, department heads and public leaders. Grant your wisdom, compassion, integrity and creativity to carry the weight of these decisions.
- Give them eyes to hear the cries of the vulnerable. Spirit, diffuse the hostility and fractures across political divisions. May we learn how to discuss and to listen well.
- We pray for Christians who serve in these places – strengthen their hands as they seek the welfare of our country in this time.

In Jesus' name. Amen

Nursing homes and elderly

- We pray blessing over this home that brings care and community to the elderly.
- We pray for all who work in this community, and ask for your strength, energy and protection as they bring your caring touch.
- We pray for the elderly in this place, for the storied lives they have lived and the changes in the world they have seen. May we have ears to hear their stories and receive their wisdom.
- We pray for those living with dementia. We ask for your presence to bring order over inner chaos, security over confusion.
- Give us eyes to see, hearts to love, words to speak and hands to care for those near to us and may we meet you in these shared stories.

In Jesus' name, Amen





Fields, nature, agriculture

- In this space, we focus on the beauty of your creation the birdsong reminds us of your fatherly watch over us, and we remember our creaturely humanity, as we are rooted in this patch of creation. Father, we need you.
- → We hear the groaning of creation and our inner being joins with your Spirit and creation in expectation for the new creation.
- Give us today our daily bread. We give thanks for the abundance of food we enjoy in this country, and ask for mercy on the increasing numbers of people who know scarcity in these towns and cities and across the world.
- As you have blessed us in your abundance, we choose to be present, to participate in your abundant provision for all in this place. Lord, have mercy.

In Jesus' name, Amen

Local business communities

- We thank you for these local businesses and we bless those who serve and connect our community day to day.
- We ask for wisdom, integrity and insight for these business leaders as they create livelihoods and enrich lives.
- Help us Lord, that we may be careful consumers. May our presence in these places be shaped by your kingdom and a commitment to the welfare of both the local and global producers.
- → Lord, we pray for those in this place who seek employment, who live under financial pressure or who experience food insecurity. We pray for the societal changes that are needed to break the growing cycle of poverty. Help us to see individuals' needs; lead us into a spirit of radical generosity and to meet with you within these social spaces.

In Jesus' name, Amen





Spiritual awakening

- We pray for your Spirit to stir our hearts, to give us eyes to see, ears to hear, hearts that seek first your Kingdom in this place.
- Meet us with your perfect love. Cast out fear and gift us with faith to move into stronger connections, intentional presence and creative participation with you in this place.
- Open the door for opportunities to declare the mystery of Christ in this season.
- → Reveal yourself in the fragility of human life, stir a hunger in our community that only you can fill. Stir up questions in this place, to which you are the only answer – and may we be ready to witness to the goodness of your kingdom. Empower us, fill us with your Spirit to be your witnesses in this place.

Yours is the kingdom, the power and the glory, forever and ever.

In Jesus' name. Amen.

On return home

"May God be gracious to us and bless us and make His face shine on us – so that your ways may be known on earth, your salvation among all nations.

May the peoples praise you, O God; may all the peoples praise you."

(Psalm 67:1-3)

In Jesus' name, Amen.



