

Faith in action

How young adults
are living and sharing
their faith today

evangelical alliance
together making Jesus known



What were we looking for?

At the Evangelical Alliance, we have been hearing a wide range of stories of young people coming to faith and engaging within their churches. We wanted to understand young people's experiences of faith, how they engage in current affairs and their experience of evangelising to those around them.

How did we do this research?

We surveyed 611 Christians under the age of 35 between 19 February and 23 March 2026, using our own networks, including emails and social media posts.



Key findings

Young Christians are confident Bible readers – nearly 90% of respondents said that they were confident in reading and understanding the Bible. We found that those aged 31–34 were the most confident age group.

How confident do you feel in reading and understanding the Bible?

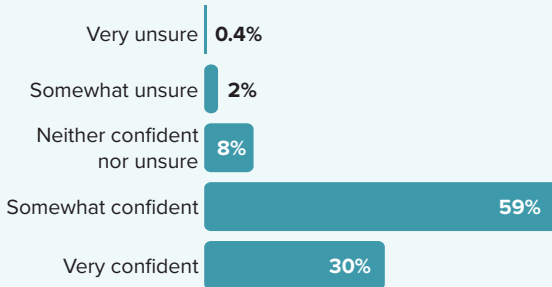


Fig 1.

Young people are highly engaged in their local church – nearly 93% of under 35s attend a church service at least once a week, with over half serving on a church team. Men are slightly more likely to attend more than once a week, but both men and women are very active members of their church communities.

How often do you attend a church service?

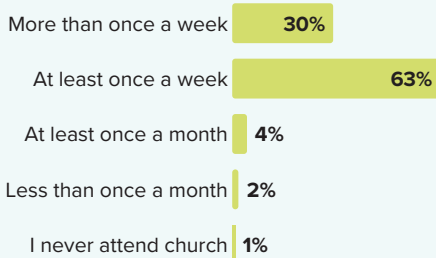


Fig 2.



90%

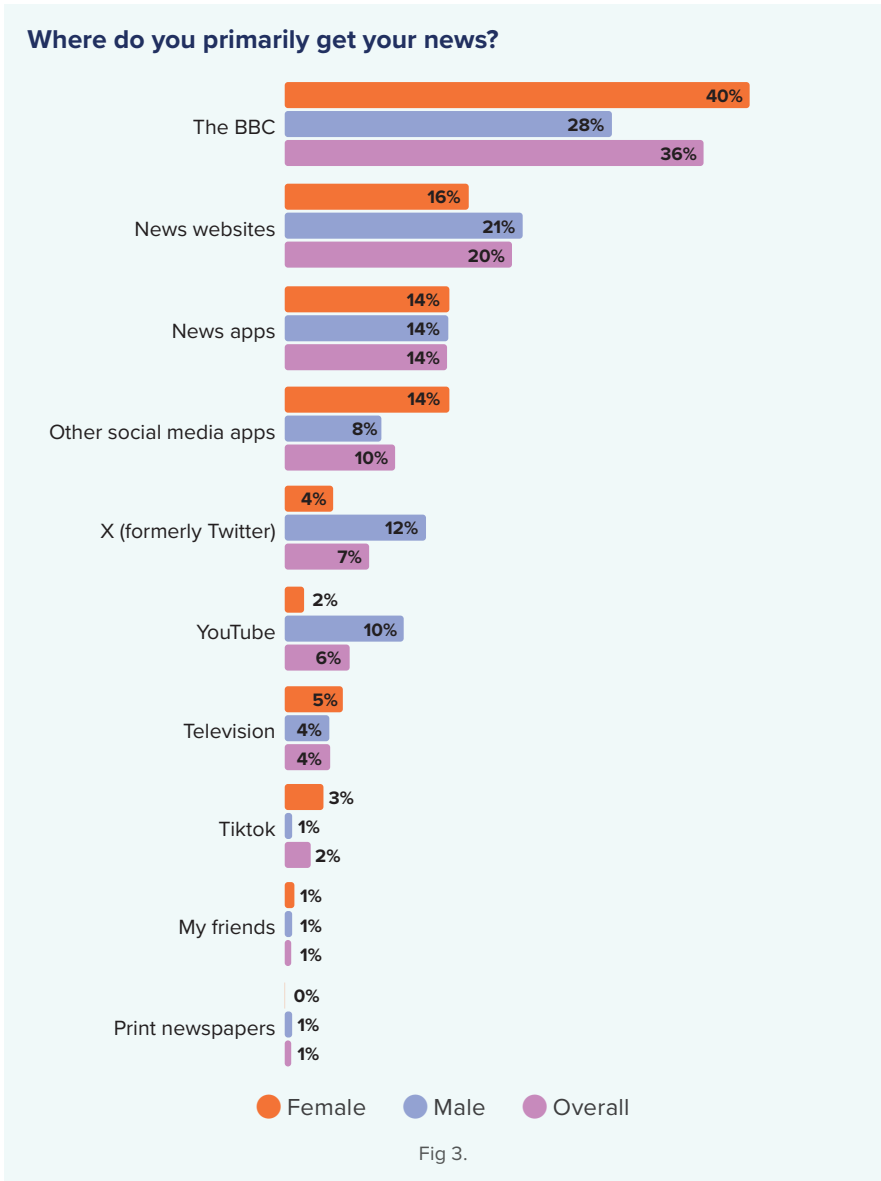
of respondents said that they were confident in reading and understanding the Bible

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of under 35s attend a church service at least once a week

Young people get their news from a variety of sources; we found that these sources vastly differ between men and women. We found that women were significantly more likely to engage with the BBC, whereas men were nearly three times more likely to get their news from X (formerly known as Twitter).



Young Christians regularly come across promotion of various faiths online. Men and women reported very different experiences. Men are almost twice as likely as women to come across posts promoting Islam, whereas women are nearly twice as likely to see posts promoting alternative spirituality such as manifesting and crystals, as well as paganism.

Which other faiths and beliefs do you regularly see promoted online?*

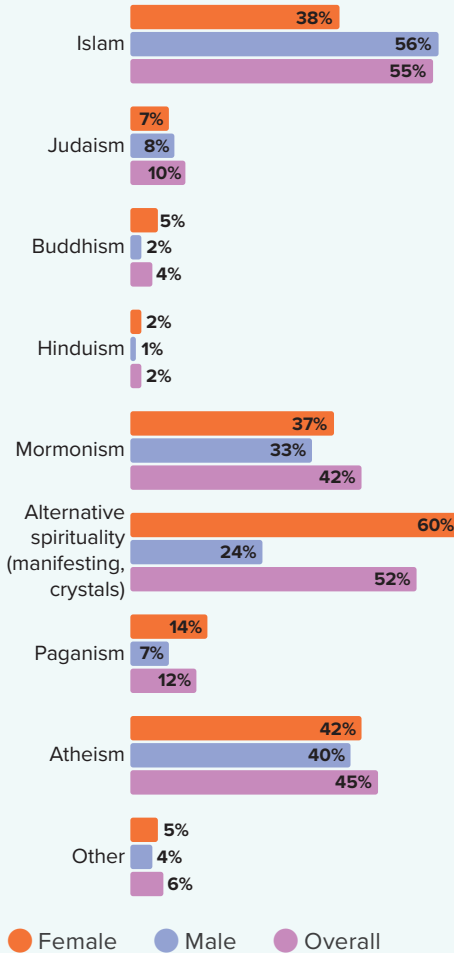


Fig 4.

* As many respondents did not report their gender, the overall figure encompasses those who did and did not record their gender

60%

of women regularly come across content promoting alternative spirituality online

56%

of men regularly come across content promoting Islam online





74% of young adults felt that people were open to hearing about Jesus Christ. Women are slightly more likely to be unsure, but it is still clear that broadly, young Christians are experiencing an openness to the gospel.

Do you think at the moment people are open to hearing about Jesus?

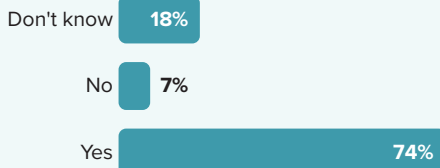


Fig 5.

Young Christians are active in sharing their faith. We found that nearly 85% of respondents had spoken to a non-Christian about Jesus in the previous six months. We found that young Christians are active evangelists who are dedicated to sharing the good news with those around them.

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Have you spoken to a non-Christian about Jesus in the past six months?

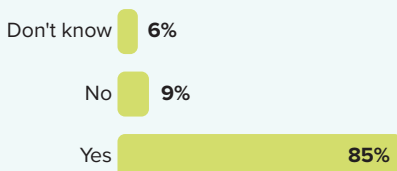


Fig 6.

Summary

What we found was very encouraging; we uncovered a picture that shows that young Christians are engaged with both the church and the world around them. They are dedicated to both their personal faith as well as evangelism. This presents a challenge to the church to ensure these young people are both equipped for the wider world and encouraged in their faith to stay the course on their walk with Jesus.





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