

# Novel Coronavirus (2019-nCoV)

## Things you can do to protect yourself and others:

**Frequently wash hands with soap and water or use alcohol-based hand rub**



**Stay at home as much as possible**

**Cover mouth and nose when coughing and sneezing**

Use tissue to cover and dispose it in a bin. Wash hands right after.



**Stay positive**

**Avoid close contact with people with fever, cough and colds**

**Keep in touch with friends and family online or over the phone**